



Compassionate Mental Health Care for the Residents of East and West Garfield Park, Near West Side, and North Lawndale Communities

## BOOKCLUB IS BACK!

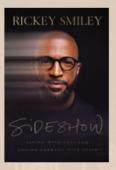
2025 TEC BOOKCLUB IS Back.. but with a Twist ... more discussion, more interactive activities and more fun!!

This Year we will dive into some of the experiences of our most famous celebrities and their stories....

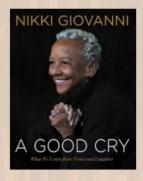
FEBRUARY 14, 2025 12-3PM SELF-LOVE DAY



AUGUST 30, 2025 10-12PM NATIONAL GRIEF AWARENESS DAY ADDICTION AWARENESS MONTH KICK-OFF (SEPTEMBER)



APRIL 7, 2025 5-7PM NATIONAL POETRY MONTH



DECEMBER \* TBD END YEAR REFLECTION, FAITH ACTIVATION & 2026 VISION BOARD



Grab Your Book on Amazon, Rent from Your Local Chicago Public Library or Don't Read at All!! JUST COME OUT and enjoy good discussion, light snacks and fellowship.