# PARENT UNIVERSITY CHICAGO-WEST



Saturday, September 7 11 a.m. - 3:30 p.m. 3415 W. Arthington Street Chicago, IL, 60624

## Join Us For Our Parent Driven Community Based Event That Provides **Resources And Educational Opportunities For Families**

Resources

100% Free event

Free Childcare with Licensed Teachers

Vendors

Raffles

Back to school supplies



## **HUMBOLT PARK HEALTH**

- Free Back to School Physicals
- Free Vaccinations



REGISTER **HERE** 

#### **PARENT WORKSHOPS**

- Impact of Journaling
- Parent Child Relationships from Birth-to-18 years old
- Understanding Trauma Responses
- Work Life Balance
- Social Emotional Cues & **Awareness**
- Self Defense

### **FUN FOR CHILDREN**

- Magician
- Storyteller
- Engaging Activities



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